

Transferability Study

June 13, 2005 to July 20, 2005

A study to test the “transferability” of Core Health and DTQ skills to other individuals.

LG completed a 10 session training in Core Health: 12 Expansion Levels.

DBM, a trained counselor, depressed for 41 years, medically diagnosed and on anti-depressant medication, searched everywhere, giving up hope.

DB was a prime “test” of the ability of a learning person to achieve results.

Starting Baselines were established of Beck Depression Inventory-II; Body Chemistry of Complete Metabolic Panel, Lipid Panel, Cortisol, T4, Serotonin; Kinesiologic base lines of Anabolic % - Life Enhancing Energy; Body Acid/Alkaline Balance - pH, Scale -10- to +10 Current Functioning Perspective; Cells Protecting; and Joyful – Willing and Permission.

Also, measured Kinesiologically for “Depressed? Unhappy? Dissatisfied? Bored?” Not depressed! Not bored. SS was Unhappy and Dissatisfied.

LG and DB completed 5 sessions of Expanding Core Health Levels 1- 5, “Creating a Solid Self”. A week later, SS was reassessed for movement and progress.

Anabolic moved from 68% to 340%.

pH optimized from Acidic 6.7 to Alkaline 7.3.

(Cancer can only survive in Acid environment.)

Scale -10 to + 10 moved well into the Positive, from -5 to +5.

Cells Protecting dropped (desired direction) from 27% to 8%

(Cell Protection is a major cause of degenerative disease.)

(Cell Specific Protection: Liver 67% (Unhappiness), Stomach 23% (Discontent), Heart (Anger 8%), Miscellaneous 2%.

Unhappiness no longer tested as active.

Dissatisfaction shifted from a negative feeling of dissatisfied with life, to a positive driving force to expand and to learn more.

Beck Depression Inventory dropped by 63% from 43 (Severe) to 16 (borderline Mild).

DB eagerly is now completing Expansion Levels 6-12, and is eager to train in the process to assist clients and friends.

The TRANSFERABILITY of Core Health and DTQ is CLEARLY demonstrated in this tough, very historically ingrained “depression.”